



Coulston Church of England Primary School

Bradmore Green

Old Coulston

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Head Teacher: Mr Paul Garratty B.Ed (Hons); MA

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Dear Parents and Carers,

4<sup>th</sup> June 2024

### RSE Curriculum – Year 4

As part of the RSE (Relationships & Sex Education) National Curriculum, the children need to understand the process of changes which their bodies will go through in the next few years as they enter puberty. Over the coming weeks, during their PSHE / RSE lessons, children will be learning about the physical differences between child and adult bodies and the different changes that happen to males and females. The discussion will also include personal hygiene.

If you have any questions or wish to discuss what is being covered, please do not hesitate to contact me.

Yours faithfully,

*Mrs Lauren Pullin*

Year 4 Class Teacher

PSHE & RSE Lead

