



Coulston Church of England Primary School  
Bradmore Green  
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Head Teacher: Mr Paul Garratty B.Ed (Hons); MA

Dear Parents & Carers,

27<sup>th</sup> January 2025

### CROSS COUNTRY - SLH FARTHING DOWNS RACE 2025

On Saturday 8<sup>th</sup> March, South London Harriers will be holding their annual cross-country race on Farthing Downs. We would like as many children to take part as possible, as it is an excellent experience. The races are split into Year 3/4 girls, Year 3/4 boys, Year 5/6 girls and Year 5/6 boys. The race is suitable for all ages and abilities and takes place on grassland. The distance is just over a mile.

We will need to meet at 9.30am in order for the children to warm up and be ready for the first race to start promptly at 10am. The start is on Farthing Downs adjacent to Downs Road. Please note that parking is **not allowed on the road which crosses the Downs (Ditches Lane)**, so please do not park here or on Downs Road itself as this will cause problems for the organisers and local residents. All children should be accompanied by a parent or other nominated adult.

Your child will need to wear their school PE shorts and t shirt. Trainers are fine to wear, but spikes are ideal, especially in muddy conditions. Please ensure that your child has plenty of warm layers with them and a filled water bottle, together with any necessary medication – asthma pumps etc.

After the race, plaques and medals will be presented to the winning teams and the first three individuals in each age group at the SLH Club House, 194a Brighton Road, Coulsdon, CR5 2NF (opposite Los Arcos in Coulsdon Town Centre). Refreshments will also be available, and everyone is welcome.

If your child would like to take part, please complete the Google form no later than Friday 28<sup>th</sup> February. The name of each child taking part needs to be submitted by this date so that they are allocated a race number.

We look forward to seeing you there.

Yours faithfully,

*Mr S Johnson*

PE Co-ordinator

