

Our Tribe

Give you and your family a Winter Wellness boost this Yule and enjoy some FREE nature connection with friends old and new at Heartwood. Gather round our camp fires, eat, chat, craft and play, and have some festive fun together.

This event has been funded by the NHS, so we are able to offer it FOR FREE to everyone! We are also offering 2 bonus Wild Workshops with our holistic coaches which might inspire you to stay well this Winter

All Ages Welcome



https://tinyurl.co m/YuleTribe24 Bring a picnic lunch and dress festively if you'd like to!

Find us at

Heartwood

Frylands Wood Scout Centre

Saturday 7th
December

11am- 3pm

